

CONTINUING EDUCATION AND FACULTY OF EXTENSION

Winter Offerings 2019







Welcome

Through continuing education programming, Northeastern Albertans continue to receive exceptional learning opportunities.

Our vision for continuing education is to:

- be relevant, timely and responsive to the needs of our communities,
- provide a variety of training products,
- deliver training to assist College programs to grow and prosper, and
- be conscientiously priced.

If you are looking to improve work skills, renew a certification or take a general interest course, our instructors are ready to meet you.

Don't see what you need listed in this catalogue to meet your needs? Please contact our Continuing Education Department as we are experts at developing customized training.

Discover what Portage College continuing education has to offer you.

Guy Gervais Vice President Academic









PORTAGE COLLEGE Continuing Education

Custom training that fits **your needs.**

Our staff are dedicated to providing innovative solutions for your professional development needs. From safety certificates to leadership training and team building, we're passionate about engaging you or your employees on an educational journey.



Why Portage and How to Register	6
Food Sciences Centre	7
COLD LAKE	
Customized Training	9

Driver Training	.9
Health and Wellness	.9

LAC LA BICHE

Arts and Culture	11
Be Fit for Life	
Customized Training	13
Driver Training	
Environmental and Natural Resources	
Health and Wellness	14
Safety Training	17
Trades and Technology	20
Water Treatment Operator Training	21

SMOKY LAKE

Welding 21
5

ST. PAUL

ality and Culinary23

CALP

About CALP	26
Regions and Contact Information	
Canada–Alberta Job Grant	29
Ed2Go	29
Contact Us	

Please note: Prices, dates and courses are subject to change without notice.

Why Portage?

At Portage College, we believe in empowerment. We've seen people of all ages and backgrounds grow spiritually, physically, mentally and emotionally through education.

Since 1968, we've played an integral role across rural Alberta in building successful, vibrant communities. From our origins as Alberta NewStart in Lac La Biche, offering courses like academic upgrading, trapping, wild fur management and oilfield management, to our current state of seven campuses and over thirty certificate, diploma and university studies programs. Our involvement has always been geared to meeting the needs of the communities we serve.

Portage College takes great pride in empowering small communities. With a small, dedicated staff, we're highly focused on providing our students with exceptional learning experiences.

THE PORTAGE COLLEGE TEAM

Our team of professional instructors and support staff are highly experienced in providing education that meets or exceeds your needs. They are well-versed in modern teaching methods and passionate about the subjects they instruct.

HOW DO I REGISTER FOR A COURSE?

Give our friendly staff a call toll-free at 1-888-745-0719 or visit our website at **portagecollege.ca**.

Please note: Online courses are offered daily but students must register a minimum of 24 hours in advance.



STAY UP-TO-DATE!

Be the first to hear about what's going on in Continuing Education. Follow us on social media @PortageConEd.



FOOD SCIENCES Easily increase your production

Produce your product in a certified facility

SPECIALIZATION

CENTRE OF

Access to experts and resources

A CONTRACT OF THE OWNER OWNER OF THE OWNER O

YOUR CREATIONS, OUR FACILITY

Our facility is open to the public and provides the opportunity for you to transform your culinary ideas into a marketable product. From processing to packaging, we've got the resources to help you increase your productivity. Schedule a custom tour to see what we have to offer.

Four speciality labs available:

BAKERY LAB

Single rotary rack oven, donut fryer, bread slicer, bun rounder, 60 qt. upright mixer, sheeter molder and reversible sheeter.

KETTLE LINE LAB

40 gallon steam kettle, 48" gas ranges, 24" griddle and convection oven, vegetable washer, vegetable peeler and commercial juicer.

MEAT PROCESSING LAB

Band saw, grinder, meat slicer, vacuum tumbler, poultry saws, meat chopper, flash freezer and a 300 lb capacity smoker.

PACKAGING LAB

Twin head vacuum sealer and dry auger filler.

Need office space to grow your business? Rentals available for \$135/month!

For more information or to lease a lab, call **780-614-6327** or toll-free **1-866-623-5551** www.portagecollege.ca





CUSTOMIZED TRAINING

Money... you work for it, but does it work for you?

Financial literacy is the first step in conquering the stress of personal money management. Tap into 35 years of financial service experience in this interactive course designed to help you manage risk and achieve financial security.

Dates | May 28–29, 2019 Time | 7:00 – 9:00 pm Cost | \$40 each or \$70 with a partner



HEALTH & WELLNESS

Applied Suicide Intervention Skills Training (ASIST)

ASIST provides practical training for caregivers seeking to prevent the immediate risk of suicide. Working mostly in small groups of one to 15 students, ASIST uses many different teaching processes to create a practice-oriented and interactive learning experience. This course is eligible for advanced credit in the Community Social Work Diploma program. All sessions in Alberta are coordinated by a Centre for Suicide Prevention certified trainer.

Dates | January 28–29, 2019 Days/Time | Thursday–Friday / 8:30 am – 4:30 pm Cost | \$200 + GST

DRIVER TRAINING

Airbrake 'Q' Endorsement

This course covers provincially mandated requirements for operating a vehicle equipped with an air brake system. Students learn how the air brakes system is maintained and operated in the most effective manner. They also learn to inspect and adjust air brake components of the brake system ensuring road worthiness. This course consists of classroom and practical training.

Dates | January 12–13, February 9–10 and April 13–14, 2019 Time | 8:30 am – 4:30 pm Cost | \$250

Truck Transport Class I/III

This program is a comprehensive heavy truck driver-training program which will provide skills necessary for participants to gain employment as drivers or owner operators. It provides practical training in the operation of a tractor-type truck and trailer. Students advance through a series of practical exercises involving rural and urban traffic circuits under actual driving conditions.

*Effective March 1, 2019 Portage College will be instructing the new Alberta Mandatory Entry Level (MELT) for Commercial Drivers course.

DatesJanuary 10-31, 2019Time8:30 am - 4:30 pm (theory portion)CostContact Continuing Education Department for cost





ARTS AND CULTURE

A Taste of Art Workshop

Have a hankering for some creative cuisine, but not sure what studio is your passion? Then this informal and relaxed class may be the one for you. From pastels to paint, students will explore various drawing, painting, pottery, printmaking, and mixed media techniques as we have fun satisfying our arts appetites.

Dates | January 24 – March 14, 2019 (no class on February 21, 2019) Day/Time | Thursday / 6:00 – 8:00 pm Cost | \$250 + GST

Soap Stone Carving

Carving courses introduce students to carving in wood and soapstone. Basic techniques will be covered as well as tools, supplies and safety concerns.

Dates | April 20–21, 2019 Days/Time | Saturday–Sunday / 8:00 am – 5:00 pm Cost | \$250 + GST







BE FIT FOR LIFE

Better Body Bootcamp

Have you reached a plateau with your progress or bored with your routine? Break free with the principle of muscle confusion — that's what you'll get with this effective and efficient total body workout that combines cardiovascular conditioning, muscular strength and endurance, core, and flexibility. Boost your metabolism first thing in the morning to build that better body!

Dates | January 15 – March 21, 2019 (no class on February 14, 2019) Days/Time | Tuesdays and Thursdays / 7:00 – 7:45 am Cost | \$180 Session Fee or Punch Pass or Drop-In

BUFF Yoga

Get 'buff' improving your flexibility, balance, and muscular strength with a combination of yoga poses with dumbbell exercises.

Dates | January 15 – March 19, 2019 Days/Time | Tuesdays / 12:15 – 12:45 pm Cost | \$60 Session Fee or Punch Pass or Drop-In

Kickbox +ST

This action-packed workout combines kickboxing and suspension training intervals for the best of muscle strength and endurance training. You will feel empowered, energized, and be able to relieve some stress on the punching bag! Great for all levels of fitness (options shown). You will need to bring your own boxing wraps and gloves.

Dates | January 16 – March 20, 2019

(no class on February 13 and 18, 2019)

Days/Time | Wednesdays / 5:15 – 6:15 pm

Cost | \$90 Session Fee or Punch Pass or Drop-In

Rise & Ride

Energize your day with this early morning indoor cycle workout with speed drills, hill climbing, tempo and interval training.

Dates January 14 - March 20, 2019

(no class on February 13 and 18, 2019) Days/Time | Mondays and Wednesdays / 7:00 – 7:45 am Cost | \$180 Session Fee or Drop-In (no Punch Pass — limited spots)

STEP +ST

Get results without stressing your joints with low-impact cardio and bodyweight suspension training! Keeping it simple with basic patterns on the STEP and intervals of muscular strength and endurance with the suspension trainer, your body will love it!

Dates | January 14 – March 18, 2019 (no class on February 18, 2019) Days/Time | Mondays / 5:15 – 6:15 am Cost | \$180 Session Fee or Drop-In or Punch Pass

ToneXpress

Get 30 non-stop minutes of total body muscle toning with this effective express workout utilizing bodyweight and portable equipment. Progressions and options shown for any level of fitness!

Dates | January 17 – March 21, 2019 (no class on February 14, 2019) Days/Time | Thursdays / 12:15 – 12:45 pm Cost | \$60 Session Fee or Punch Pass or Drop-In

All Be Fit for Life classes are free for Portage College students (based on availability).



WINTER FITNESS CLASS OPTIONS

Punch Pass

1. \$120 for a 10-class pass

2. \$200 for a 20-class pass

3. \$70 for a NOON 10-class pass

Noon classes: \$10 Morning/evening classes: \$14

Drop-in

For more information or to register, call **780-623-5542** or email **deb.menard@portagecollege.ca**.

CUSTOMIZED TRAINING

Diversity Awareness

This online introductory course is designed to allow the learner to develop an appreciation of the value of diversity within our culture. A unique combination of video and animation sets the path of exploration through a fictitious company. The interactive learning environment is designed for learner engagement and participation.

Dates | Ongoing Days/Times | 8:30 am - 4:30 pm Cost | \$50



DRIVER TRAINING

Airbrake 'Q' Endorsement

This course covers provincially mandated requirements for operating a vehicle equipped with an air brake system. Students learn how the air brakes system is maintained and operated in the most effective manner. They also learn to inspect and adjust air brake components of the brake system ensuring road worthiness. This course consists of classroom and practical training.

Dates | March 6–7 and May 7–9, 2019 Time | 8:30 am – 4:30 pm Cost | \$250

Class V Driver Training

The Class V Driver Training course teaches new drivers safe driving habits and to become well versed with the rules of the road. This course is designed to help students feel safe, confident and prepared to take the Class V basic road test. It consists of fifteen hours of theory and ten hours of in-vehicle drive time with a certified Driving Instructor. The Class V theoretical curriculum, approved by Alberta Transportation, covers the following topics: Licensing, Driver, Vehicle, Rules of the Road and Collision Avoidance.

Dates | March 22–23, 2019 (theory) March 23 – May 19, 2019 (practical) Time | 8:30 am – 4:30 pm Cost | \$900

Defensive Driving

This 8-hour course is designed to inform the students on safe driving practices. The course is designed to make the students aware of the importance of safe driving practices. Upon successful completion of the course students will be able to have 3 demerit points removed from their current driver's license record. This is available only once every two years.

Dates | January 16 and 19, 2019 Time | 8:30 am - 4:30 pm Cost | \$150

Truck Transport Class I/III

This program is a comprehensive heavy truck driver-training program which will provide skills necessary for participants to gain employment as drivers or owner operators. It provides practical training in the operation of a tractor-type truck and trailer. Students advance through a series of practical exercises involving rural and urban traffic circuits under actual driving conditions.

*Effective March 1, 2019 Portage College will be instructing the new Alberta Mandatory Entry Level (MELT) for Commercial Drivers course.

Dates December 4–28, 2018, March 5–29 and May 7–29, 2019

Time 8:30 am – 4:30 pm (theory portion)

Cost Contact Continuing Education Department for cost

ENVIRONMENTAL AND NATURAL RESOURCES

Plant Identification for Wetland Assessment in Alberta

This credit course provides an introduction or refresher to the identification of wetland plants in Alberta. With an emphasis on indicator species used in the Alberta Wetland Classification System in parkland and boreal Alberta, this course will provide many unique and valuable resources to help with plant identification and its use in wetland classification. It will include an online introduction, combined with a classroom component and practice field identification.

Dates June 3-5, 2019

- Time 8:30 am 4:30 pm
- Cost | \$650 plus accommodations, which can be in the dorms for an additional \$35/night. Bagged lunches provided for two field days.



HEALTH AND WELLNESS

To determine the best course for our health programming or if you have questions, contact Cindy Soroka at 780-623-6690.

Advanced Cardiovascular Life Support (ACLS) Provider

Advanced Cardiovascular Life Support (ACLS) is a video-based, Instructor-led course. ACLS builds on the foundation of basic life support (BLS) skills and it emphasizes the importance of continuous, high-quality CPR. ACLS highlights the importance of highperformance team dynamics and communication, systems of care, recognition and intervention of cardiopulmonary arrest, immediate post-cardiac arrest, acute dysrhythmia, stroke and acute coronary syndromes.

ACLS Course Prerequisites (students must provide proof of completion on the first day of the course):

Participants who take the full ACLS Course must have a current Heart and Stroke Foundation BLS course completion card, complete the mandatory Pre-course Self-Assessment.

Dates | February 2–3 and April 13–14, 2019 Time | 8:00 am – 5:00 pm each day (one hour lunch break) Cost | \$325 + manual + GST

*Renewal course is available during the second day of the above mentioned 2-day course (one day renewal course). Renewal course participants should have a current Heart and Stroke Foundation ACLS provider course completion card. When a provider is unable to present a course completion card, at the discretion of the instructor, a provider who frequently uses the skills and knowledge of ACLS in their workplace or related volunteer activities may be admitted. If that provider does not successfully complete the recertification course, without remediation, they will be required to attend a full certification course.

Price per student for renewal course is \$225 + manual + GST.

Alberta College of Paramedics Provincial Registration Exam Preparation

Prepares EMS students for the provincial exam (EMR / PCP / ACP), which consists of written, skill and simulation components. The prep course is two consecutive days, offered during the week preceding the weekend of Alberta College of Paramedics examination. First day: preparation for written and skill components. Second day: preparation for simulation examination.

Dates | Advanced Care Paramedic: February 19–20, 2019 Emergency Medical Responder: March 11–12, 2019 Time | 8:00 am – 5:00 pm each day (one hour lunch break) Cost | \$335 + GST

Applied Suicide Intervention Skills Training (ASIST)

ASIST provides practical training for caregivers seeking to prevent the immediate risk of suicide. Working mostly in small groups of one to 15 students, ASIST uses many different teaching processes to create a practice-oriented and interactive learning experience. This course eligible for advanced credit in the Community Social Work Diploma program. All sessions in Alberta are coordinated by a Centre for Suicide Prevention certified trainer.

Dates | April 8–9, 2019 Days/Time | Thursday–Friday / 8:30 am – 4:30 pm Cost | \$200 + GST

Basic Life Support (BLS) — Health Care Provider

The BLS — Health Care Provider course teaches participants to promptly recognize life-threatening emergencies which includes high-quality chest compressions, ventilations, and early use of an AED. It includes adult, child, and infant rescue techniques.

 Dates
 January 19 and March 30, 2019

 Time
 8:00 am - 12:00 pm

 Cost
 \$80 + manual + GST

International Trauma Life Support (ITLS) Provider — Advanced or Basic

ITLS is intended for providers who evaluate and stabilize the trauma patient. This course provides training in the skills needed for rapid assessment, resuscitation, stabilization and transportation of trauma patients. The ITLS Advanced course builds on this knowledge, emphasizing evaluation steps and sequencing as well as techniques for resuscitating and packaging patients. Practice skill stations include: rapid trauma patient assessment and management, basic and advanced airway management, needle chest decompression and fluid resuscitation, spinal motion restriction as well as extremity immobilization and traction splint application.

ITLS Provider Prerequisites (students must provide proof of profession on the first day of the course):

Current registration as a healthcare professional including physicians, physician assistants, MFR, EMR, PCP, ACP, nurses, MQL5 or other allied health professional that holds suitable qualifications for entry.

Dates | April 27–28 and May 11–12, 2019 Time | 8:00 am – 5:00 pm each day (one hour lunch break) Cost | \$425 + manual + GST

*Renewal course is available during the second day of the above mentioned two-day course (one day renewal course). Renewal course participants should have a current ITLS Provider card (Basic or Advanced).

Renewal course is \$325 + manual + GST.



Neonatal Resuscitation Program (NRP)

Neonatal Resuscitation Program is an advanced course that focuses on a systematic approach to neonatal assessment. This includes basic life support, effective resuscitation of the newborn and team dynamics to improve the quality of care provided to neonates at the time of birth.

NRP Course Prerequisites (students must provide proof of completion on the first day of the course):

Successful completion of the online examination (there is a cost for the online exam) and eSim cases is required before learners attend the skill/ simulation portion of the NRP course. Students must complete the online portion of the course 30 days prior to attending this skill/simulation portion of the NRP course.

Date | March 2, 2019 Time | 8:00 am – 5:00 pm (one hour lunch break) Cost | \$235 + manual + GST





Pediatric Advanced Life Support (PALS)

Pediatric Advanced Life Support is an advanced course that focuses on a systematic approach to pediatric assessment. This includes basic life support, PALS treatment algorithms, effective resuscitation and team dynamics to improve the quality of care provided to seriously ill or injured children.

PALS Provider Course Prerequisites (students must provide proof of completion on the first day of the course):

Participants who take the full PALS Course, must have a current Heart and Stroke Foundation BLS course completion card, complete the mandatory Precourse Self-Assessment and be proficient in the following:

- Perform high-quality BLS
- Identify the following rhythms and rhythm disturbances: normal sinus rhythm, sinus bradycardia, sinus tachycardia, supraventricular tachycardia, ventricular tachycardia, asystole and ventricular fibrillation
- Demonstrate a basic understanding of the frontline drugs used in the management of: cardiac arrest, bradycardia, and tachycardia

Dates | March 16-17, 2019

Time | 8:00 am – 5:00 pm each day (one hour lunch break)

Cost | \$300 + manual + GST

*Renewal course is available during the second day of the above mentioned 2 day course (one day renewal course). Renewal course participants should have a current Heart and Stroke Foundation PALS provider course completion card. When a provider is unable to present a course completion card, at the discretion of the instructor, a provider who frequently uses the skills and knowledge of PALS in their workplace or related volunteer activities may be admitted. If that provider does not successfully complete the recertification course, without remediation, they will be required to attend a full certification course.

Renewal course is \$225 + manual + GST.

Pediatric Emergency Assessment, Recognition and Stabilization (PEARS)

The PEARS Provider Course prepares healthcare providers caring for pediatric patients to assess, recognize, and participate in the initial management of respiratory and/or cardiovascular emergencies and cardiopulmonary arrest. Case based instruction will be used to instruct students on providing pediatric resuscitation interventions within the initial minutes.

PEARS Provider Course Prerequisites (students must provide proof of completion on the day of the course):

Participants must prepare adequately to enable successful completion of the PEARS Provider Course. This course does not teach BLS skills. Participants must have a current Heart and Stroke BLS course completion card (taken within the last 12 months and current to the most recent guidelines).

Dates | January 20 and March 31, 2019 Time | 8:00 am – 5:00 pm (one hour lunch break) Cost | \$200 + manual + GST



SAFETY TRAINING

Aerial Platform Operations

Students learn safe operation, pre-operation inspection, regulatory requirements and general maintenance of an aerial work platform. Equipment used may include scissor lifts and/or boom lift reaching heights up to and including 150 feet. This six to eight hour course includes a theory portion as well as a practical evaluation.

Dates | January 18, March 15 and May 10, 2019 Time | 8:30 am - 4:30 pm Cost | \$200

Bear Awareness

Bear Awarness is a course that focuses on North American bear types. The primary focus is to learn how to coexist successfully with these animals.

Date | May 3, 2019 Time | 8:30 am - 4:30 pm Cost | \$115

Basic Chainsaw Safety (ENFORM)

The objective of Level One – Chainsaw Basics (ENFORM Chainsaw Faller Competency Program) is to learn the basics of chainsaw handling and operations and gain an understanding of personal and work site safety. Topics include::

- Hazard assessment and control
- Chainsaw inspection and maintenance
- · Chainsaw handling and operations
- Safe limbing and bucking practices

Dates | December 10-12, 2018 and May 7-9, 2019 Time | 8:30 am - 4:30 pm

Cost \$825

Chainsaw Safety (AWTA)

Chainsaw Safety (AWTA) is a Level 3 (intermediate) chainsaw safety training course combining lecture, demonstration and practical components of instruction. It provides students the skills and safe practices required for slashing, bucking and falling. Student assessments include a written quiz, scored cuts on a bolt, and a field assessment of bucking and limbing, demonstrating skill and safety.

Dates | April 9–11, 2019 Time | 8:30 am – 4:30 pm Cost | \$825

Construction Safety Training System (CSTS)

This course is designed for the individual worker and is offered only through eLearning. The training is divided into separate modules that can be completed at your own pace, and the full program takes on average 6-8 hours to complete. This course gives a basic overview of various health and safety topics, and students are tested for 100% mastery of content.

Dates | Ongoing Time | 8:30 am - 4:30 pm Cost | \$100

Fall Protection

This full day course is developed by Fall Protection Group and is accredited by the Oil Sands Safety Association (OSSA). The course focuses on understanding the use of fall protection options relative to what you do at various heights. You will better identify which fall protection options may best meet your needs, given the tools and knowledge to work safely.

Dates | January 17, March 14 and May 16, 2019 Time | 8:30 am – 4:30 pm Cost | \$175

Forklift Operator

In this course we will discuss the importance of safe operation and responsibilities of a professional forklift operator, and the skills and techniques you can use to ensure safe operation and incident prevention.

Dates | December 14, February 15, April 19 and June 21, 2019 Time | 8:30 am - 4:30 pm Cost | \$200



Ground Disturbance Level II

The Ground Disturbance Level II course teaches students of the regulations and variance involved when any type of excavation takes place. The course presents proper sequencing of implementing safe excavating and trenching methods — from the pre-planning stages to the actual dig. Students will also be able to carry out appropriate emergency response plans.

Date | March 12, 2019 Time | 8:30 am - 4:30 pm Cost | \$160



H2S Alive

This course is designed for any worker who may be exposed to H2S. It teaches individuals how to work safely in and around Hydrogen Sulphide (H2S) environments.

Dates | January 3, February 7, March 7, April 4, May 2 and June 6, 2019 Time | 8:30 am – 4:30 pm Cost | \$170

Pipeline Construction Safety Training (PCST)

This eLearning course is designed to guide the user through the safety factor encountered during the pipeline construction process. The course contains 13 topics that can be competed at the individual worker's pace. The course is typically completed in 4-5 hours. PCST meets the IRP 16 Standard. While this course includes a review of generic WHMIS, it does not provide WHMIS certification.

Dates | Ongoing Time | 8:30 am - 4:30 pm Cost | \$150

Skidsteer Operator Training

The theory aspect of this course covers safe operating procedures, servicing and maintenance requirements when working with a bobcat. The practical aspect involves operation of bobcat through an obstacle.

Dates | December 7, February 1, April 12 and June 14, 2019 Time | 9:00 am - 4:30 pm Cost | \$250



Standard First Aid – Level C CPR

This two day course delivers comprehensive training in first aid and cardiopulmonary resuscitation (CPR) skills for those who need training due to work requirements or who want more knowledge to respond to emergency situations. This course meets federal and provincial/territorial regulations for Standard First Aid and CPR. AED (Automated External Defibrillator) device training is also included in this two-day training session, exceeding competitor's standards.

Dates December 17–18, January 22–23, February 19–20,

March 19–20, April 23–24, May 21–22 and June 25–26, 2019

Time 9:00 am – 4:30 pm

Cost \$170 (\$100 for recertification)

TRADES AND TECHNOLOGY

Beginner Pedicure and Manicure

Gain the skills you need in order to be certified in offering manicure and pedicure services.

Through hands-on training, you will learn how to perform basic manicures and pedicures as well as paraffin wax treatment, foot and leg massage techniques and polish application. You will gain an understanding of the anatomy of the foot, diseases and disorders of the skin and nails. You will also gain understanding of proper cleaning, sanitizing, and disinfection procedures in accordance with Health Canada regulations.

Dates | January 15–16, January 22–23 and February 12, 2019

Time 6:00 – 9:00 pm

Cost \$500 tuition + \$200 kit (purchase required before session start)

*Following training, you will have time to practice these skills prior to returning to the College for your Practical Demonstration.







Hairstyling

Gain skills in hairstyling. Whether you are looking at improving and learning new skills to style your own hair or for gaining new skills as a stylist, we are offering three different sessions to choose from.

1. Hairstyling Trends — Making waves

In this two hour session, you will be provided with hands-on techniques to create the latest trends in curling and adding texture to hair. Tools, products and mannequins will be provided.

Date March 5, 2019

Time 6:00 – 8:00 pm

Cost | \$40 per session or \$100 for all three

2. Updo Fundamentals

In this two hour session, you will be provided with hands-on techniques to create special occasion up-styles. Learn how to properly use tools, products and finish techniques to create formal styles. Tools, products and mannequins will be provided.

Dates | April 2, 2019 Time | 6:00 – 8:00 pm

Cost \$40 per session or \$100 for all three

3. Basic Braiding

In this two hour session, you will be provided with hands-on techniques to create basic two and three-strand braids. Tools, products and mannequins will be provided.

Dates | May 7, 2019 Time | 6:00 – 8:00 pm Cost | \$40 per session or \$100 for all three

WATER TREATMENT OPERATOR TRAINING

Potable Water and Wastewater Systems

This online course is designed to introduce students to operations and management of potable and wastewater treatment systems. Course topics are broken down into five modules; 1) Know Your Water Systems; 2) Water Treatment; 3) Wastewater Treatment; 4) Pipes, Pumps and Valves: Treatment Support Systems and the Underground System; 5) Water Distribution and Wastewater Collection Systems.

Dates | Ongoing Days/Time | Monday-Friday, 8:30 am - 4:30 pm Cost | \$1,035





SMOKY LAKE OFFERINGS

Basic Welding

Learn how to safely use various materials, tools and techniques for welding. This course covers the basics of shielded metal arc welding with related theory and practical lab instruction. You will learn how to weld common joint types on mild steel that is often encountered in manufacturing, construction and repairs. Improve your welding habits by getting hands on experience in fusion welding of mild steel in both shielded arc welding, GMAW (MIG) and torch cutting, and care for equipment.

Cost | \$450 + GST

* To register for the course, contact Mary Lou Doshewnek at **780-656-4066** or **mldosh@yahoo.com**.







HOSPITALITY AND CULINARY

Flavours of the World

Come join our culinary experts to make and taste favorite delights enjoyed throughout the world. In this five-part series, you will learn to make Japanese Sushi, Chinese appetizers, Italian gnocchi and puttanesca, Spanish paella and maybe croquettas, and Greece keftedes in pitas with tzatziki.

Dates | February 2, February 23, March 16, March 30 and April 6 Time | 6:00 – 9:00 pm Cost | \$50 per session or \$200 for all five



START YOUR DEGREE IN COLD LAKE, LAC LA BICHE OR ST. PAUL

BACHELOR OF ARTS BACHELOR OF COMMERCE BACHELOR OF EDUCATION BACHELOR OF SCIENCE BACHELOR OF SOCIAL WORK





We offer the following university courses on a regular basis:

- Canadian History, 1867–Present
- Canadian Literature to the Modernist Period
- Communications for Health Professionals
- Developmental Psychology
- Educational Psychology for Teaching
- Individual and Social Behaviour
- Introductory Chemistry II
- Intro to Calculus I
- Intro to Psychology
- Intro to Sociology

- Intro to the History of Western Art I
- Intro to the Movement Activities of Children
- Intro to the Novel and the Short Story
- North American Aboriginals
- Organisms in their Environment
- Personal Health and Wellness
- Principles of Ecology
- Physiology II
- Sociology of Aging
- Technology Tools for Teaching and Learning

For more information about courses in Cold Lake, call: **780-639-7109**. For Lac La Biche and St Paul, call: **780-623-5575**.

CALP



The College is proud to partner with the Community Adult Learning Programs in its region. The CALPs, as they are known provincially, are funded by Alberta Advanced Education.

While services vary at each CALP, all support adult literacy and foundational learning in their programs, services and supports. Their programming is developed based on community need and includes literacy learning, English as a Second Language, basic computer skills, and family literacy. One-on-one and small group tutoring is also available to suit learning needs. All CALPs in the region can work to connect you with local tutors, increase your skills and help you connect with post-secondary training. Please use the contact information on the following pages to follow-up with the CALP in your area to determine what programs and supports are available to you beyond what is listed in this version of the College's extension catalogue.

To learn more about Community Adult Learning Programs and for locations across the province visit **www.calp.ca**.

REGION

CONTACT INFORMATION

Bonnyville Community Learning Council	780-826-2150 bonnyvillelearning@incentre.net https://bonnyvillelearning.ca/
Buffalo Lake Métis Settlement	780-689-4574 https://buffalolakems.ca/
Cold Lake Community Learning Centre	780-639-3134 coldlakeclc@gmail.com http://www.coldlakelearns.com/
Elizabeth Métis Settlement	780-594-5026 http://www.elizabethms.ca/
Elk Point & District Further Education	780-724-4101 f-e-c@telusplanet.net
Fishing Lake Métis Settlement	780-943-2661 headstart@fishinglakems.ca https://flms.ca/
Kikino Métis Settlement	780-623-7868 kikinosti@mcsnet.ca
Lac La Biche Regional Awasisak and Family Development Circle Association Buffalo Lake Metis Settlement Kikino Metis Settlement Lac La Biche Head Start	780-623-4742
Lac La Biche Canadian Native Friendship Centre Association	780-623-3249 tracy@llb-cnfc.com http://www.llb-cnfc.com/

REGION

CONTACT INFORMATION

Lac La Biche Community Learning Community Learning Facilitator	780-623-2477 llbpal@telusplanet.net http://classllb.ca
Smoky Lake County Community Learning Council	780-636-2024 coordinator@slcountyclc.ca familyliteracy@slcountyclc.ca http://www.slcountyclc.ca/
St. Paul Family Literacy (Portage College)	780-645-6368 http://www.stpaulfamilyliteracy.ca/
St. Paul Community Learning Association	780-614-6346 spcla@mcsnet.ca spcla@mcsnet.ab.ca
VegMin Learning Society (Vegreville)	780-632-7920 vegmin@vegmin.com admin@vegmin.com
Community Association for Lasting Success (Vegreville)	780-632-3225 family@vcals.org





CANADA-ALBERTA JOB GRANT

The Canada-Alberta Job Grant (CAJG) is an employer-driven training program where employers and government share the cost of training new and existing employees to increase their knowledge and skills to meet the needs of Alberta's changing economy.

- **NEW:** CAJG now offers more training incentives to employers
- 100% of training cost covered for eligible unemployed hires (up to \$15,000) with incremental training requirement waived
- Sole proprietors can now train their employees using CAJG
- Assistance on travel costs for small and medium-sized organizations (outside of Edmonton and Calgary) when training is over 100 km one way

For more information, visit:

http://www.albertacanada.com/employers/train/jobgrant.aspx

ED2GO

Flexible Online Learning

From accounting to photography, Ed2Go has a wide variety of online courses you can do from home.

Visit www.ed2go.com/portage for the full course list and start dates.



NEED TO REGISTER FOR A COURSE?

Give our friendly staff a call toll-free at **1-888-745-0719**





Toll Free | 1-888-745-0719 Email | training@portagecollege.ca Website | portagecollege.ca

