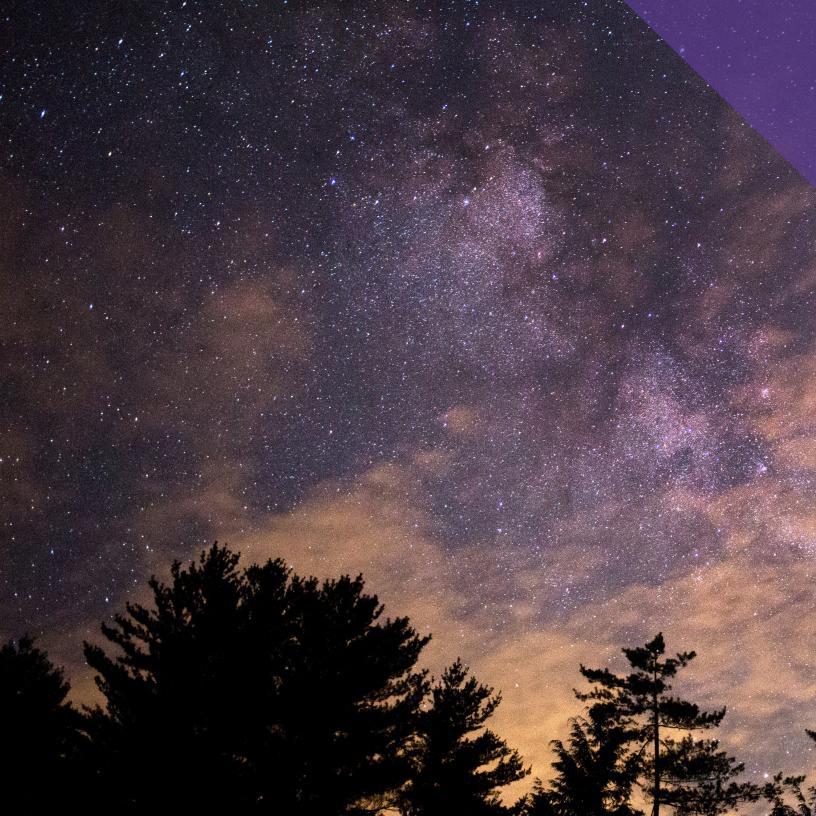


CONTINUING EDUCATION & FACULTY OF EXTENSION Fall Offerings 2017





# Welcome

The Continuing Education Department of Portage College has been offering exceptional programming to Northeastern Albertans for nearly 50 years.

Whether you are looking to improve work skills, renew a certification, or take a general interest course in cooking or the arts, our instructors and staff in Continuing Education & Faculty of Extension are ready to assist you.

Continuing Education delivers a wide variety of customized training to meet the specific needs of your organization. Don't see something listed here? Give them a call to deliver customized training at an affordable price.

Happy learning!

Nancy Broadbent Executive Vice President Academic











### PORTAGE COLLEGE **Continuing Education**

# Custom training that fits **your needs.**

Our staff are dedicated to providing innovative solutions for your professional development needs. From safety certificates to leadership training and team building, we're passionate about engaging you or your employees on an educational journey.

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Please note: prices, dates and courses are subject to change without notice.

Why Portage?

At Portage College, we believe in empowerment. We've seen people of all ages and backgrounds grow spiritually, physically, mentally and emotionally through education.

Since 1968, we've played an integral role across rural Alberta in building successful, vibrant communities. From our origins as Alberta NewStart in Lac La Biche, offering courses like academic upgrading, trapping, wild fur management and oilfield management, to our current state of 7 campuses and over 30 certificate, diploma and university studies programs. Our involvement has always been geared to meeting the needs of the communities we serve.

Portage College takes great pride in empowering small communities. With a small, dedicated staff, we're highly focused on providing our students with exceptional learning experiences.

#### THE PORTAGE COLLEGE TEAM

Our team of professional instructors and support staff are highly experienced in providing education that meets or exceeds your needs. They are well-versed in modern teaching methods and passionate about the subjects they instruct.

#### HOW DO I REGISTER FOR A COURSE?

Give our friendly staff a call toll-free at **1-888-745-0719.** 

**PLEASE NOTE:** Online courses are offered daily but students must register a minimum of 24 hours in advance.

### STAY UP-TO-DATE!

Be the first to hear about what's going on in Continuing Education. Follow us on social media @PortageConEd.



### Rentals starting at \$131.81 /month

## BUSINESS INCUBATORS

#### OFFICE SPACE FOR ENTREPRENEURS AND START UPS AT OUR ST. PAUL CAMPUS

Looking for a space to grow your idea? Consider our suite of Business Incubators that come equipped with multiple workspaces, wifi connections and access to an on-call business consultant.

Portage College has partnered with the Cold Lake Rural Alberta Business Centre to provide clients additional entrepreneur development supports and a direct connection to the St. Paul and District Chamber of Commerce.

For more information call: 1-888-745-0719



## **DRIVING SCHOOL**

#### **Class I & III Truck Transport**

This program is designed to prepare students for employment as Class I & Class III licensed drivers. The course provides practical training in the operation of modern tractor-type truck and trailer. Students advance through a series of practical exercises involving rural, urban or city traffic circuits under actual driving conditions.

Date(s): Sept. 5 Days/Times: Mon. - Fri. / 8:30 - 4:30 Cost: Class I - \$3,925; Class III - \$3,000

### **SPEAKER SERIES**

Five experts will cover five unique topics over the course of five weeks. Coffee and snacks will be provided.

Date(s): Nov. 1 - 29 Days/Times: Wed. / 6:30 - 9:30 pm Cost: \$30 (one session); \$125 (all five sessions)

#### **Demystifying Cancer - Nov. 1**

Dr. Shun Li, a university instructor and cancer researcher, will discuss the reasons cancers occur. Li will share tips about prevention and techniques you can use to determine early signs and symptoms. He will finish the session by sharing information about different treatments available and some of his cancer research undertook at McGill University. This informative session will leave you better versed in this incredibly important personal health topic.



#### To Europe and Back - Nov. 8

Robert Weaver, a retired 35 year Parks Canada employee and world traveler, will share his travel expertise with you. He has traveled through out Asia, Africa, Costa Rica, Cuba, Mexico, Hawaii, Ireland and Iceland. In this travel session Robert will lead you on a journey that he recently undertook with his grandson. They travelled Europe, over a 3 week period of time, to collect ecological data of the region and view as many World War I and II sites as possible. This trip included: England, France, Germany, Netherlands, Switzerland, and Belgium. You will leave this session with the full trip itinerary and all the European travel tips that Robert has gleaned over his experienced years.





#### What the FOOD! - Nov. 15

Jacquie Flood, a University Instructor, will share her expertise on food - glorious food! 90% of us want to eat healthy meals but only 10% of us report that all or most of our meals meet our own health goals (Leger, 2015). Due to the proliferation of diet books and internet advice sites, many people report that it is increasingly difficult to figure out exactly what a healthy diet looks like. This session will take a cross-cultural look at the diverse ways that humans around the globe have met their nutritional needs throughout history and also at some of the health risks associated with the modern Western diet. Practical, convenient, and evidence-based strategies to eat well will be explored.

### Social Media For Your Personal and Professional Life - Nov. 22

Robin Tizzard, Associate Dean and Social Media Guru, will share her knowledge about how to use Social Media to create your ideal on-line persona. In this session Robin will share tips on how to use the main social media platforms (LinkedIn, Twitter, Instagram, Facebook, and Snapchat) to create a positive persona that will not only propel you personally, but also will lead to growth within your professional life. Robin will also share tips on how to protect yourself, and those close to you, in this exciting, virtual world.

#### Biz101 - Nov. 29

Matt Brown, a diversified business leader, will have an open dialogue focused on how to navigate, and excel, in today's business environment. He will delve into topics such as organizational leadership, project management, and strategic planning. Matt will also share tips about how to be malleable, and agile, within Canada's environment of economic fluctuations. If you want to start a business, or transition to new positions within a business, this Speaker Session is perfect for you.





# **ARTS & CULTURE**

#### Printmaking from Around the World

From Naples to Nunavik printmaking has made an impression on the world of art. Explore a variety of printmaking techniques and learn about the various cultures that have developed this millennia old art form. Students will create a variety of prints in this fun filled class. No experience necessary. All materials included. Limited space available. Please register by October 30, 2017.

Date(s): Nov. 9 - 30 Days/Times: Thurs. / 6 - 9 pm Cost: \$250

#### **Birch Canoe Christmas Centerpiece**

Learn how to make a traditional and unique Christmas gift! Using birch bark you will construct a canoe that can be filled with Christmas ornaments to make a one of a kind Christmas Centerpiece. All materials included. Space limited to first 15. First come, first serve.

Date(s): Nov. 29 Days/Times: Wed. / 6 - 9 pm Cost: \$100

#### **MEET THE INSTRUCTOR:** Pierre Oberg

Pierre Oberg grew up on a farm in eastern Alberta and earned a Master of Fine Arts degree from the University of Calgary. Oberg is a full-time arts instructor at Portage College in the Native Arts and Culture Program where he instructs drawing, painting, sculpture, printmaking, ceramics, and more.

Oberg's art uses a variety of techniques and media and has been exhibited in galleries and museums in Canada, London, England, Edinburgh, Scotland, Japan, and Hong Kong.



#### **MEET THE INSTRUCTOR:** Ruby Sweetman

Ruby Sweetman is of mixed Cree ancestry and is passionate about sharing her knowledge of traditional Indigenous arts and culture.

Sweetman has been teaching at Portage College over twenty years where she instructs in the Native Arts and Culture Program. Using both traditional and contemporary techniques. Sweetman teaches in variety of course areas including: sculpture using various media, traditional Indigenous footwear, nature craft and design, and decorative arts.



# **PARENTING SERIES**

#### The Ages and Stages of Child Development from Infancy to School Age Children

Ever wonder if the behaviours your child is exhibiting is normal for their age. This six hour course over three weeks will help give you more of an understanding of your child's growth and development. Each of the three segments will include information sharing and time for discussion and questions. Coffee and snacks will be provided.

Infancy to Toddlerhood (0-2 years) - Oct. 25

The Preschool years (3-5 years) - Nov. 1

School age (6-12 years) - Nov. 8

Date(s): Oct. 25; Nov. 1; Nov. 8 Days/Times: Wed. / 7 - 9 pm Cost: \$25 (one session); \$35 (all three)





#### **MEET THE INSTRUCTOR:** Patricia Flatla

Patricia Flatla has been an instructor with Portage College's Early Learning and Childcare and Educational Assistant Program for 17 years and has been a teacher of Early Childhood Education for 40 years. She has three adult children, one granddaughter who is 18 years old and one grandson who is two years old.

One of the courses Patricia really loves teaching with the college is Human Development. She is looking forward to sharing information and engaging in dialogue with attendees about the ages and stages of development.



# **DRIVING SCHOOL**

#### **Class I & III Truck Transport**

This program is designed to prepare students for employment as Class I & Class III licensed drivers. The course provides practical training in the operation of modern tractor-type truck and trailer. Students advance through a series of practical exercises involving rural, urban or city traffic circuits under actual driving conditions.

Date(s): Oct. 2 Days/Times: Mon. - Fri. / 8:30 - 4:30 Cost: Class I - \$3,925; Class III - \$3,000

#### **Defensive Driving**

This theory course is designed to inform students of the importance of safe driving practices. Upon successful completion of the course, students earn a credit to have 3 demerit points removed from their current driver's licence record for up to 2 years following the course date.

Date: Please phone for dates. Days/Times: 8:30 am - 4:30 pm Cost: \$150



#### **Skid Steer Operations**

This course offers hands on training in the safe operation, pre-operation inspection, regulatory requirements and general maintenance of a skid steer loader.

This program is designed to familiarize students through practical exercise with the operations, servicing, maintenance, and safety requirements when working with a skid steer. Students are tested on their skill level and either awarded a Skid Steer Basics Certificate or a Skid Steer Operator Certificate.

Date(s): Sept. 12; Nov. 30 Days/Times: Fri / 8:30 am - 4:30 pm



# SAFETY TRAINING

#### **Aerial Platform**

This course will give students hands on training in the safe operation, pre-operation inspection, regulatory requirements and general maintenance of Aerial Work Platforms up to 150 ft. Equipment used may include scissor lift and boom lift.

Date(s): Sept. 7; Nov. 29 Days/Times: Mon / 8:30 am - 4:30 pm Cost: \$200 Pre-requisite: OSSA accredited Fall Arrest Certification

#### Construction Safety Training System (C.S.T.S.)

This basic Construction Safety Training is a standard requirement to working in trades, road construction, and the oil and gas industry. This interactive video training is easy to use, easy to understand, and flexible to your personal schedule.

Date(s): Offered daily Location: Online Cost: \$100

#### **ENFORM** Chainsaw

The objective of Level One – Chainsaw Basics (ENFORM Chainsaw Faller Competency Program) is to learn the basics of chainsaw handling and operations and gain an understanding of personal and work site safety.

Date(s): Please phone for dates. Days/Times: 8:30 am - 4:30 pm Cost: \$825

#### **Fall Protection**

This one-day course provides participants with the legislated requirements of fall protection systems, including identifying potential fall hazards, hazard analysis and risk assessment, selecting and using a personal fall protection system as well as inspection, maintenance and storage of FPS equipment. Students will also review the governing bodies, which control fall protection regulations and standards. This course includes both a theory and practical session.

Date(s): Sept. 6 ; Nov. 28 Days/Times: 8:30 am - 4:30 pm Cost: \$175

#### Heart and Stroke First Aid/CPR

This course is designed to prepare an individual to recognize and provide intervention for life threatening emergencies until medical aid arrives, includes artificial respiration, how to help someone whom is choking, how to deal with shock and unconsciousness, severe bleeding, head and spinal injuries, fractures of the upper and lower limbs and CPR for an adult casualty.

Date(s): Sept. 12 - 13; Oct. 17 - 18; Nov. 14 - 15; Dec.5 -6 Days/Times: 8:30 am - 4:30 pm Cost: \$170



#### **Forklift Operator**

Topics covered include: Labour Standards, Pre-Operation Checks, Refueling and Battery Care, Safety Operations, Forks, Mast, Loading & Unloading, Stacking, Traveling, Load Types, Ramps, Inclines, Docks Safety, Parking and Stability. Certification upon successful completion of exam and operator evaluation issued from the Liftruck Institute of Canada.

Date(s): Sept. 13 ; Dec. 6 Days/Times: 8:30 am - 4:30 pm Cost: \$200

#### H2S Alive - OSSA Approved

This one-day course provides information on the health hazards and physical properties of hydrogen sulfide gas (H2S). In this course you will also learn how to protect yourself with the use of personal protective equipment (PPE) and basic rescue techniques.

Date(s): Aug. 24; Sept. 26; Oct. 26; Nov. 23; Dec. 14 Days/Times: 8:30 am - 4:30 pm Cost: \$170

#### Pipeline Construction Safety Training (P.C.S.T.)

Pipeline Construction Safety Training (PCST) is a general safety training course for the Pipeline Construction Industry. PCST is designed to take the user through the entire pipeline construction process.

Location: Online Cost: \$150

Please phone for more information.



#### **Part-time Progressive Welding**

Want to learn how to make stronger welds or maybe an artistic creation? This course is designed to give you the basic hands on skills and safety knowledge of welding. This online program is designed for the individual worker in the road building industry. The training is divided into separate modules that can be completed at your own pace, and students are tested for 100% mastery of content.

Date(s): Sept. 19, 21, 26, 28, Oct. 3, and Oct. 7 Days/Times: Tues/Thurs, 7 - 10 pm; one Saturday (9 am - 2 pm) Cost: \$400

#### Roadbuilders Safety Training System (R.S.T.S.)

This online program is designed for the individual worker in the road building industry. The training is divided into separate modules that can be completed at your own pace, and students are tested for 100% mastery of content.

Date(s): Offered daily Location: Online Cost: \$75

#### **TDG & WHMIS**

The TDG (Transportation of Dangerous Goods) online course is for any individual who would be required to transport or assist in the transportation of any type of dangerous materials. The course includes classification, documentation, safe handling, labeling and the new TDG legislation. The course offers accredited instruction with the Province of Alberta Dangerous Goods & Rail Safety Branch.

The WHMIS (Workplace Hazardous Materials Information System) online course is for individuals who need to be familiar with hazardous materials symbols and have the necessary skills for working safely around hazardous materials. The course includes workplace labeling and Material Safety Data Sheets (MSDS).

Date(s): Offered daily Location: Online Cost: \$90 each or \$150 for both

#### WTA Chainsaw

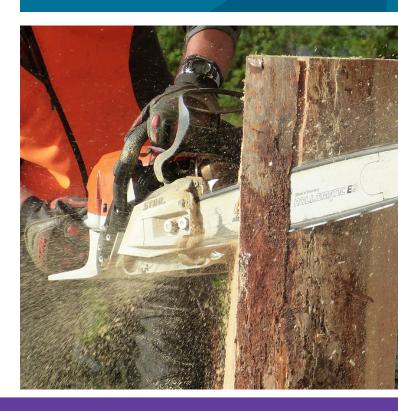
Chainsaw Safety (AWTA) is a level three (intermediate) chainsaw safety training course combining lecture, demonstration and practical components of instruction. It provides students the skills and safe practices required for slashing, bucking and falling. Student assessments include: a written quiz, scored cuts on a bolt and a field assessment of bucking and limbing demonstrating skill and safety.

Level three is the highest level of certification for chainsaw safety though Woodland Trainers Association (WTA). This course provides the most opportunities for coaching and feedback during chainsaw operation activities

Date(s): Please call for dates. Days/Times: Fri / 8:30 am - 4:30 pm Cost: \$825

## NEED TO REGISTER FOR A COURSE?

# Give our friendly staff a call toll-free at **1-888-745-0719.**



### CUSTOMIZED TRAINING

#### **Commercial Driving**

This course is a comprehensive commercial driving course that offers a refresher for individuals in need of Load securement and transportation regulations. The course covers Provincial and Federal policies along with how to properly secure loads. This includes Pre and Post trip inspection, hours of service, safety fitness certificate and many other topics.

#### Professional Development for Health Care Providers: Basic Life Support

Basic Life Support (BLS) is the foundation for saving lives after cardiac arrest. It is designed for healthcare professionals and trained first responders who provide care to patients in a wide variety of settings, and teaches both single-rescuer and team basic life support skills for application in pre-hospital and infacility settings. Portage College offers both the BLS Provider Course and the BLS Renewal Course.

BLS Renewal course participants must have a current Heart & Stroke BLS course completion card (taken within the last 12 months and current to the most recent Guidelines release).

#### Try on a Trade

Are you interested in the trades but do not quite know which one yet? Our week-long Try on a Trade program will provide you with hands-on experience in five trade areas. Training can take place on our campuses in Lac La Biche, Cold Lake, and St Paul or it may be delivered to your site or community.





For detailed information about customized training and for pricing; call our Continuing Education office at 1. 888.745.0719.





### HOSPITALITY & CULINARY

#### Intro to Wine

Impress your holiday guests! Every time you open a bottle of wine, you embark on a unique journey. Yet for all its pleasures wine can be mysterious and complex, whether you're hosting a party or simply having a glass with your dinner. Unlocking the secrets of wine—its varieties, its language, the ways it's made, the techniques of tasting and shopping for it—is the key to heightening your appreciation of this intense and rewarding experience.

Date(s): Nov. 17 - 18 Days/Times: Fri / 5 pm - 9 pm & Sat / 10 am - 4 pm Cost: \$150

### FLEXIBLE ONLINE LEARNING ED2GO

From accounting to photography, Ed2Go has a wide variety of online courses you can do from home. Visit <u>www.ed2go.com/portage</u> for the full course list and start dates.

C.A.1.P.

The College is proud to partner with the Community Adult Learning Programs in its region. The CALPs, as they are known provincially, are funded by Alberta Advanced Education.

While services vary at each CALP, all support adult literacy and foundational learning in their programs, services and supports. Their programming is developed based on community need and includes literacy learning, English as a Second Language, basic computer skills, and family literacy. One-on-one and small group tutoring is also available to suit learning needs. All CALPs in the region can work to connect you with local tutors, increase your skills and help you connect with post-secondary training.

Please use the contact information on the following pages to follow-up with the CALP in your area to determine what is programs and supports are available to you beyond what is listed in this version of the College's extension catalogue.

To learn more about Community Adult Learning Programs and for locations across the province visit <u>www.calp.ca.</u>



DECION	
REGION	CONTACT INFORMATION
Bonnyville Community Learning Council	780-826-2150 bonnyvillelearning@incentre.net
	https://bonnyvillelearning.ca/
Buffalo Lake Métis Settlement	780-689-4574
Bunaio Lake Metis Settlement	https://buffalolakems.ca/
Cold Lake Community Learning Centre	780-639-3134
	coldlakeclc@gmail.com
	http://www.coldlakelearns.com/
Elizabeth Métis Settlement	780-594-5026
	http://www.elizabethms.ca/
Elk Point & District Further Education	780-724-4101
	f-e-c@telusplanet.net
Fishing Lake Métis Settlement	780-943-2661
	headstart@fishinglakems.ca https://flms.ca/
Kikino Métis Settlement	780-623-7868
Kikilo Pietis Settlement	kikinosti@mcsnet.ca
Lac La Biche Regional Awasisak &	780-623-4742
Family Development Circle Association	100 023 4742
Buffalo Lake Metis Settlement	
Kikino Metis Settlement	
Lac La Biche Head Start	
Lac La Biche Canadian Native Friend-	780-623-3249
ship Centre Association	tracy@llb-cnfc.com
	http://www.llb-cnfc.com/
Lac La Biche Community Learning	780-623-2477
Community Learning Facilitator	llbpal@telusplanet.net
Smoky Lake County Community	http://classIlb.ca
Smoky Lake County Community Learning Council	780-636-2024 coordinator@slcountyclc.ca
	familyliteracy@slcountyclc.ca
	http://www.slcountyclc.ca/

#### REGION

#### **CONTACT INFORMATION**

<b>St. Paul Family Literacy</b> (Portage College)	780-645-6368 http://www.stpaulfamilyliteracy.ca/
St. Paul Community Learning Association	780-614-6346 spcla@mcsnet.ca spcla@mcsnet.ab.ca
VegMin Learning Society (Vegreville)	780-632-7920 vegmin@vegmin.com admin@vegmin.com
Community Association for Lasting Success (Vegreville)	780-632-3225 family@vcals.org

## T.O.W.E.S. Testing

Test Of Workplace Essential Skills (T.O.W.E.S.) is a nationally recognized suite of assessment and training products that use authentic Canadian work and life content to assess and improve critical skills for success in working, learning and life. Our tools accurately measure and build reading, document use and numeracy skills - competencies that are closely linked to productivity, safety, accuracy and ability to learn technical skills. Learn about TOWES at www.towes.com/en/about-towes/about-us.

### **Canada-Alberta** Job Grant

The Canada-Alberta Job Grant (CAJG) is an employer-driven training program where employers and government share the cost of training new and existing employees to meet the needs of Alberta's changing economy.

- 100% of training cost covered for eligible unemployed hires (up to \$15,000) with incremental training requirement waived
- Sole proprietors can now train their employees using CAJG
- Assistance on travel costs for small and medium-sized organizations (outside of Edmonton and Calgary) when training is over 100km one wav

Check the CAJG Applicant Guide for details: http://www.albertacanada.com/files/ albertacanada/CAJG Applicant Guide.pdf.



Toll Free: 1.888.745.0719 Email: training@portagecollege.ca Website: portagecollege.ca Twitter: @PortageConEd Facebook: /PortageCollegeContinuingEducation Instagram: /portageconed